

Test Name	Stability	Sample Type	
Fibrinogen	1 day	Sodium citrate plasma	
Folate	2 days	SST	
Estradiol		SST	
Parathyroid Hormone		SST	
Vitamin B12		SST	
CBC		EDTA	
CBC w/ diff. & Platelets		EDTA	
Reticulocytes		EDTA	
IPF (Immature Platelet Functions)		EDTA	
DHEA-S		SST	
Iron Serum		SST	
Folate Serum		SST	
Glucose(Renal)		3 days	SST
SHBG			SST
PSA (Total)			SST
Glucose(Diabetes)	SST		
ESR (Erythrocyte Sedimentation Rate)	EDTA		
Free PSA	SST		
COQ10-TOT	SST		
sdLDL	SST		
SARS-CoV2 (Genetic)	NP Swab		
Influenza A	NP Swab		
Influenza B	NP Swab		
Phosphate, Inorganic	4 days		SST
LDH			SST
Cortisol	5 days		SST
Progesterone		SST	
sdLDL		SST	
MPO	6 days	Green top plasma	
NT-proBNP		SST	
Vitamin D, 25-OH		SST	
Pregnenolone		SST	
Lp(a)		SST	
Chloride		SST	
Carbon Dioxide		SST	
Creatinine		SST	
BUN		SST	
Magnesium		SST	
ALT		SST	
AST		SST	
Bili, Total		7 days	SST
Bili, Direct			SST
Alkaline Phosphatase	SST		
Ferritin	SST		
Insulin	SST		
Hemoglobin A1c	EDTA		
Cystatin C	SST		
Free T4	SST		
Free T3	SST		
UIBC	SST		

Test Name	Stability		Sample Type	
dsDNA	7 days	SST		
Adiponectin		SST		
Lp-PLA2		SST		
Anti-CCP3 IgG and IgA		SST		
ANA(Anti-nuclear antibody)		SST		
APO A-1		SST		
APO B		SST		
hs-CRP		SST		
Homocysteine		SST		
GGT		SST		
GSP		SST		
RF IgM		SST		
Total CK		SST		
Human IGF-1		SST		
Total Immunoglobulins		SST		
ox-LDL		SST		
MTHFR		SST	EDTA or DNA Fingerprint or Buccal Swab	
Factor II		SST	EDTA or DNA Fingerprint or Buccal Swab	
Factor V Leiden		SST	EDTA or DNA Fingerprint or Buccal Swab	
Apolipoprotein E		SST	EDTA or DNA Fingerprint or Buccal Swab	
Cardiac		SST	EDTA or DNA Fingerprint or Buccal Swab	
Celiac and Gluten Sensitivity		SST	SST	
ENA		SST	SST	
Leptin		SST	SST	
Estrone		SST	SST	
Estriol		SST	SST	
Uric Acid		SST	SST	
Dihydrotestosterone		SST	SST	
Urine Microalbumin		SST	Metal Free Urine	
Iodine		SST	TES	
RBC Potassium		SST	EDTA	
Food Allergen Panel		SST	SST	
Inhalant Panel		SST	SST	
IBSSure	SST	SST	Blood Fingerprint	
Tickborne 2.0	SST	SST or EDTA	Blood Fingerprint and DNA fingerprint	
<b>Micronutrients</b>				
MN Extracellular Micronutrients	2 days	EDTA, SST & TES		
Intracellular (RBC)	7 days	EDTA		
Intracellular (WBC)	2 days	EDTA		
Fatty Acids Omega 3 & 6'		EDTA		
Whole Blood Micronutrient Profile	7 days	EDTA	Blood Fingerprint	
Whole Blood Omega Fatty Acids		EDTA	Blood Fingerprint	
Nutrigenetics		EDTA		

Test Name	Stability		Sample Type
<b>Zoomers</b>	7 days	SST	Blood Fingerprick
Wheat Zoomer		SST	Blood Fingerprick
Lectin Zoomer		SST	Blood Fingerprick
Corn Zoomer		SST	Blood Fingerprick
Dairy Zoomer		SST	Blood Fingerprick
Peanut Zoomer		SST	Blood Fingerprick
Egg Zoomer		SST	Blood Fingerprick
Nut Zoomer		SST	Blood Fingerprick
Seafood Zoomer		SST	Blood Fingerprick
Soy Zoomer		SST	Blood Fingerprick
Grain Zoomer		SST	Blood Fingerprick
Mammalian Milk Zoomer		SST	Blood Fingerprick
Neural Zoomer		SST	Blood Fingerprick
Neural Zoomer Plus		SST	Blood Fingerprick
<b>Food Profile</b>	7 days	SST	Blood Fingerprick
Food Sensitivity Profile 1 IgA and IgG		SST	Blood Fingerprick
Food Sensitivity Profile 2 IgA and IgG		SST	Blood Fingerprick
Food Additives IgA and IgG		SST	Blood Fingerprick
Vegetarian Profile IgA and IgG		SST	Blood Fingerprick
Complete Food Profile IgA and IgG		SST	Blood Fingerprick
Food Sensitivity Profile 1 C3d and IgG4		SST	Blood Fingerprick
Food Sensitivity Profile 2 C3d and IgG4		SST	Blood Fingerprick
Food Additives C3d and IgG4		SST	Blood Fingerprick
Vegetarian Profile C3d and IgG4		SST	Blood Fingerprick
Complete Food Profile C3d and IgG4	SST	Blood Fingerprick	
<b>Components</b>	7 days	SST	
Egg Components		SST	
Peanut Components		SST	
Dairy Components			
Virus Infection Panel	7 days	SST	Blood Fingerprick
Fungal Antibodies		SST	Blood Fingerprick
Covid-19 Antibodies		SST	Covid Fingerprick
Chronic Inflammation Panel		Frozen EDTA Plasma, Frozen SST, Frozen Sodium Citrate Plasma, Frozen Platelet Free Plasma	
Neural Health Panel		Frozen EDTA Plasma, Frozen SST	
Cytokine		Frozen SST	
Gut Zoomer		Stool, Unpreserved Stool	
Heavy Metals		Metal Free Urine	
Vibrant Mycotoxins		Metal Free Urine	
Environmental Toxins		Metal Free Urine	
Organic Acids		Metal Free Urine	
Neurotransmitters and Hormones Metabolites		Urine Morning, Urine Afternoon, Urine Evening, Urine Night	
Salivary Hormones		Saliva Morning, Saliva Afternoon, Saliva Evening, Saliva Night	