

The gold standard of accuracy in the lab industry

The Food Additives test measures the body's IgG and IgA immune response to 57 commonly used food additives in the Western diet, including preservatives, artificial sweeteners, emulsifiers, food dyes, and pesticides.

Food Additives Markers List

Food Dyes and Pigments

- Acid Blue #3 (Patent Blue V)
- Acid Red #14 (Carmoisine)
- Annatto
- Beta-Carotene
- Blue #1 (Brilliant Blue)
- Blue #2 (Indigo Carmine)
- Brilliant Black
- Cochineal Extract
- Green #3 (Fast Green)
- Red #2 (Amaranth Red)
- Red #3 (Erythrosine)
- Red #4 (Carmine)
- Red #40 (Allura Red)
- Yellow #5 (Tartrazine)
- Yellow #6 (Sunset Yellow)

Pesticides

- Deltamethrin
- Glyphosate

Sweeteners

- Acesulfame K
- Aspartame
- Erythritol
- Mannitol
- Monk fruit
- Saccharin
- Sorbitol
- Stevia
- Sucralose (Splenda)
- Xylitol

Elements

- Fluoride
- Nickel Sulfate
- Titanium dioxide

Preservatives and Antioxidants

- Benzoic Acid
- Butylated Hydroxyanisole (BHA)
- Butylated Hydroxytoluene (BHT)
- Citric Acid
- Sodium Sulfite
- Sorbic Acid
- Formaldehyde
- Sodium Benzoate
- Sodium Nitrate

Emulsifiers and Surfactants

- Lecithin (Soy)
- Lecithin (Egg yolk)
- Polysorbate 80

Flavor Enhancers

- Monosodium Glutamate (MSG)
- Ammonium Chloride
- Sodium Citrate

Gums and Thickening Agents

- Gum Arabic
- Guar Gum
- Gum Tragacanth
- Locust Bean Gum
- Mastic Gum
- Xanthan Gum
- Beta-Glucan
- Carrageenan
- Cottonseed

Fibrous Additives

- Ispaghula or Psyllium Husk

Other

- Latex
- Bisphenol A (BPA)

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